

Northern Marianas College
CURRICULUM ACTION REQUEST

Effective Semester / Session: Fall 2014

Type of Action:

- New
- Modification
- Move to Inactive (Stop Out)
- Cancellation

Course Alpha and Number: NU 105

Course Title: Basic Nursing Concepts and Skills

Reason for initiating, revising, or canceling:

To update required and recommended textbooks, reflect the recently adopted (August 6, 2014) Associate of Science in Nursing (ASN) Individualized Degree Plan (IDP) for contact hours and credits, and make corrections in catalogue course description, course activities and design, course prerequisites, concurrent enrollment, estimated cost of course and nursing program grading policy.


Rosa M. Tudela, RN

09/08/15

Proposer

Date


Rosa M. Tudela, RN

09/08/15

Department Chair

Date


Barbara K. Merfalen

9/12/15

Dean of Academic Programs and Services

Date

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Course Guide

Course: NU 105 Basic Nursing Concepts and Skills

1. Department
Nursing

2. Purpose

The purpose of this course is to lay a foundation of skills and concepts needed to obtain an Associate in Science Degree in Nursing (ASN). The target population is students who have completed their NMC Math and English requirement as well as other college course prerequisites for entering the nursing program. Upon completion of the program and passage of the National Council Licensure Examination for Registered Nurse (NCLEX-RN), the graduating nursing students will be prepared to fill one of the consistently vacant RN positions in the health care facilities in the Commonwealth of the Northern Mariana Islands (CNMI).

3. Description

A. Required/Recommended Textbook(s) and Related Materials

Required:

Taylor, Carol, Carol Lillis, Pamela Lynn, and Priscilla P. LeMone.
Fundamentals of Nursing: The Art and Science of Nursing Care. 7th
ed. Philadelphia, PA: J.B.Lippincott, Williams & Wilkins, 2011.
Readability level: College

Lynn, Pamela. *Taylor's Clinical Nursing Skills: A Nursing Process Approach*, 3rd ed. Philadelphia, PA: Lippincott Williams & Wilkins, 2010.

Readability level: College

Lynn, Pamela. *Skills Checklists for Taylor's Clinical Nursing Skills*. 3rd
ed. Philadelphia, PA: Lippincott Williams & Wilkins, 2010.

Readability level: College

Jarvis, Carolyn. *Physical Examination & Health Assessment*. 6th ed.
St. Louis, MO: Saunders, Elsevier, Inc., 2012.

Readability level: College

Jarvis, Carolyn. *Physical Examination & Health Assessment Student Laboratory Manual*. 6th ed. St. Louis, MO: Saunders, Elsevier, Inc., 2012.

Readability level: College

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Pagana, Kathleen D. and Timothy J. Pagana. *Mosby's Manual of Diagnostic and Laboratory Tests*. 5th ed. St. Louis, MO: Mosby, Elsevier, Inc., 2013.

Readability level: College

Toole, Marie T. *Mosby's Dictionary of Medicine, Nursing & Health*. 9th ed. St. Louis, MO: Mosby, Elsevier, Inc., 2013.

Readability level: College

Gulanick, Meg, et al. *Nursing Care Plans: Nursing Diagnosis and Intervention*, 8th ed. St. Louis, MO: Mosby, 2013.

Readability level: College

B. Contact Hours

1. **Lecture:** 2 hours per week / 30 hours per semester
2. **Lab:** 12 hours per week/180 hours per semester
3. **Other:** None

C. Credits

1. **Number:** 6
2. **Type:** Regular degree credits

D. Catalogue Course Description

This course focuses both on identifying the basic needs of the person who is experiencing illness and assisting clients who require a minimum of adaptation to meet those needs. This course introduces students to nursing history and nursing roles, utilizing the nursing process and basic nursing skills with an assessment of cultural and bio-psychosocial needs, and therapeutic communication techniques. Once these skills are demonstrated satisfactorily in the lab, the student will be able to apply these skills in the clinical setting. Prerequisites: A "C" grade or higher in BI 101, BI 225, BI 251, BI 252, CH 124, EN 101, MA 132, PY 101 and PY 201. Concurrent enrollment: NU 124 or approval of the Nursing Department Chair. English Placement Level: EN 202. Math Placement Level: MA 161. (Offered Fall)

E. Degree or Certificate Requirements Met by Course

This course fulfills a requirement for the Associate in Science degree in Nursing.

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F. Course Activities and Design

This course will consist of two hours per week of theory instruction in the classroom and 12 hours per week in clinical or lab to practice patient skills. Activities include, but are not limited to: lectures, discussions, group activities, case studies, drug cards, computer assignments, audiovisual programs, and skills demonstrations. During the first five to six weeks of instruction, students remain on campus for additional lecture/lab in preparation for their first clinical experience in the hospital, public health, and/or clinics. They will be introduced to the clinical sites during the 6th week of instruction and will be rotated through the clinical sites throughout the semester.

4. Course Prerequisite(s); Concurrent Course Enrollment; Required English/Mathematics Placement Level(s)

Prerequisites: Complete all Nursing prerequisites with a grade of "C" or higher. Concurrent enrollment: NU 124, or approval of the Nursing Department Chair.

English Placement Level: EN 202

Math Placement Level: MA 161

5. Estimated Cost of Course; Instructional Resources Needed

Cost to the Student: Tuition for a 6-credit course, textbooks, course fee, Kaplan Nursing Program fee, BLS/CPR fee, physical exam, uniforms, required clinical equipment and supplies.

Cost to the College: Instructor's salary; mileage reimbursement for full-time instructors during clinical; BLS/CPR certification/renewal fee. Lead Course Instructor – gets 3 credits for coordination and preparation of student's clinical experience. Nursing instructor(s) assigned to supervision of nursing students in the clinical site gets 1 credit per student. Commonwealth Healthcare Corporation (CHCC) policy for instructor to student ratio is 1:10. Nursing Department has to abide by this policy for patient safety. Patient safety is a priority. Mileage reimbursement for full-time instructors will be given during scheduled clinical days.

Instructional resources needed for this course include: Lab/medication cards, BLS/CPR fee, skills laboratory equipment and supplies, videotaped materials, TV/VCR, CD-ROM, computer software programs, pens, papers, overhead projector and transparencies, chalk, markers, classroom computer projector and projector screen, NMC internet access, copier machine, copier paper and toner.

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6. Method of Evaluation

Student grades will be based on the regular letter grade system as described below:

A: Excellent – grade points:	4.0;
B: Above average – grade points:	3.0;
C: Average – grade points:	2.0;
D: Below average – grade points:	1.0;
F: Failure – grade points:	0.0.

The Nursing Department utilizes the following grading scale to assign letter grades to grade percentages:

A: 92-100%
B: 84-91%
C: 75-83%
D: 60-74%
F: 0-59%

If a nursing course contains a clinical component, student grades will also be based on these grade percentages. The student must pass both the clinical and the theory with 75% or higher in order to pass the course. **This course has a clinical component.**

NMC's and Nursing Department's attendance policies will be followed.

7. Course Outline

This is a topical outline and does not necessarily indicate the sequence in which the material will be presented.

- 1.0 Foundations for Nursing Practice
 - 1.1 Introduction to nursing
 - 1.2 Health of individual, family and community
 - 1.3 Culture and ethnicity
 - 1.4 Promoting wellness in health and illness
 - 1.5 Theoretical base for nursing practice
 - 1.6 Values and ethics in nursing
 - 1.7 Legal implications of nursing

- 2.0 Promoting Wellness Across the Lifespan
 - 2.1 Developmental concepts

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- 2.2 Conception through young adult
- 2.3 Aging adult

- 3.0 Community-Based Settings for Client Care
 - 3.1 Home care delivery systems
 - 3.2 Continuity of care
 - 3.3 Home health care

- 4.0 The Nursing Process
 - 4.1 Introduction to the nursing process
 - 4.2 Core competencies and critical thinking
 - 4.3 Assessing
 - 4.4 Diagnosing
 - 4.5 Planning
 - 4.6 Implementation
 - 4.7 Evaluation
 - 4.8 Documentation, reporting, and conferring

- 5.0 Nursing Roles
 - 5.1 Provider
 - 5.2 Communicator

- 6.0 Basic Nursing Care
 - 6.1 Vital signs
 - 6.2 Health assessment
 - 6.3 Safety
 - 6.4 Asepsis and infection control
 - 6.5 Complementary and alternative theories
 - 6.6 Medications
 - 6.7 Perioperative nursing

- 7.0 Promoting Healthy Psychosocial Response
 - 7.1 Self-concept
 - 7.2 Stress and adaptation
 - 7.3 Loss, grief and dying
 - 7.4 Sensory stimulation
 - 7.5 Sexuality
 - 7.6 Spirituality

- 8.0 Promoting Healthy Physiological Responses
 - 8.1 Hygiene

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- 8.2 Skin integrity and wound care
- 8.3 Activity, rest, and sleep
- 8.4 Comfort
- 8.5 Nutrition
- 8.6 Urinary and bowel elimination
- 8.7 Oxygenation
- 8.8 Fluid, electrolyte and acid-base balance

8. Instructional Goals

This course will introduce students to:

- 1.0 The definition of nursing, the history of nursing, and the status of nursing as a profession and a discipline;
- 2.0 The various levels of educational preparation in nursing;
- 3.0 The relationship between healthcare organizations, standards of nursing practice, nurse practice acts, and the nursing process on the practice of nursing;
- 4.0 Describe how to promote wellness across the lifespan;
- 5.0 Community-based settings for client care;
- 6.0 Use of the Nursing Process;
- 7.0 The nursing roles of provider, communicator, and member within a profession;
- 8.0 Basic nursing care activities such as measuring vital signs, performing health assessments, maintaining safety, using aseptic technique, administering medications, and providing perioperative nursing care;
- 9.0 Healthy psychological responses in relation to self-concept, stress and adaptation, loss, grief, and dying; and
- 10.0 Healthy physiological responses in hygiene, skin integrity and wound care, activity, rest, sleep, nutrition, elimination, and oxygenation.

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9. Student Learning Outcomes

Upon successful completion of this course, students will be able to:

- 1.0 Explain the historical background and definitions of nursing and the status of nursing as a profession and as a discipline;
- 2.0 Distinguish the various levels of educational preparation in nursing;
- 3.0 Describe the effect of healthcare organizations, standards of nursing practice, nurse practice acts, and the nursing process on the practice of nursing;
- 4.0 Relate wellness across the lifespan;
- 5.0 Discuss community based settings for client care;
- 6.0 Apply the Nursing Process using each of its five steps;
- 7.0 Explain the roles basic to nursing care as provider, communicator, and member within a profession;
- 8.0 Practice basic nursing care such as measuring vital signs, performing health assessments, maintaining safety, using aseptic technique, administering medications, and providing perioperative nursing care;
- 9.0 Examine healthy psychological responses in relationship to self-concept, stress and adaptation, loss, grief, and dying; and
- 10.0 Examine healthy physiological responses in hygiene, skin integrity and wound care, activity, rest, sleep, nutrition, elimination, and oxygenation.

10. Assessment Measures

Assessment of student learning may include, but not be limited to, the following:

- 1.0 Demonstration of knowledge in course content by successfully completing quizzes, examinations, case studies, nursing care plans, written assignments, computer assignments, and presentations;

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- 2.0 Practice nursing skills in the skills lab and give acceptable return demonstrations without assistance before student can perform those skills in the clinical setting;
- 3.0 Submit completed clinical preparation form(s) in pre-conference that include client information on their assigned patients/clients and shows thorough preparation for the clinical experience prior to providing care to assigned patients/clients;
- 4.0 Demonstrate satisfactory clinical performance evaluation based on knowledge, skill and behavioral criteria. The clinical component of the course is graded on a grade percentages described under Method of Evaluation. An unsatisfactory evaluation in clinical constitutes a failure in this course;
- 5.0 Submit completed clinical day paper(s) and/or reflection paper(s) for each weekly clinical rotations as required;
- 6.0 Demonstrate a limited amount of absenteeism (no more than 10%) per NMC Attendance Policy. When students miss a day, they are required to do an assignment to make up for material taught on that day; and
- 7.0 Attain a grade of "C" or higher which is 75% or higher in both theory and clinical in order to pass the course.